



## Backworth Park Primary School

### Social, Emotional and Mental Health Provision Map

| Universal Offer (for all)  | Targeted Offer (school intervention)                                      | Targeted Offer (outside agency intervention) |
|--|---|--|
| DHT has DFE Senior Mental Health Lead Training<br>DHT/ HT Connect MHST engagement<br>Pastoral officer MHFA qualification – whole school mental health strategy | HLTA for Mental Health, Wellbeing & Support role<br>(Thrive practitioner) | MHST host school (5 members in the team)     |
| Embedded school values – 3 Rs  | Thrive profiling – one to one or group Thrive sessions                    | Signposting to services                      |
| PSHE curriculum  | Nurture Club  | Family support                               |
| Class teacher as first point of contact  | Lego Therapy  | SEN graduated approach                       |
| Curriculum enrichment – assemblies, excellence assemblies  | Time to talk  | Referral to CAMHS                            |
| Curriculum enrichment theme days/ weeks  | Now & next choices  | Referral to Educational Psychologist         |
| Whole class Thrive lessons   | Zones of regulation   | Acorns referral & intervention               |
| Let's Talk boxes in key stages   | Moment of choice strategies   | EHA  |
| Buddy system/play leaders  | Arranged times to speak to key adults                                     | Young Carers referral                        |
| Breakfast Club   | Personalised visual support resources                                     | Access to HAF funded holiday clubs           |
| Out of School Club   | Dedicated nurture space at lunchtimes                                     |  |
| After school club programme  |   |  |
| Positive behaviour systems & MarvellousMe  |   |  |
| Board of Backworth - School Council  |   |  |
| Visual timetables  |   |  |
| Additional processing time   |   |  |
| Culture of positive mindset  |   |  |
| Transition – internal & external   |   |  |
| Outdoor learning   |   |  |
| Diversity Role Models  |   |  |
| Mental Health CPD for staff – baseline knowledge of key areas of mental health (anxiety, trauma, depression)   |   |  |
| Quality First Teaching   |   |  |