



Backworth Park Primary School Intent and Implementation Statement

Physical Education

Intent

At Backworth Park Primary School, we promote a high-quality physical education curriculum, which supports our aim to improve the physical literacy of all our children and which inspires all pupils to succeed and excel in both competitive and non-competitive sport and other physically demanding activities. Our vision is to provide opportunities for pupils to become physically confident in a way which supports their wellbeing, both in terms of mental and physical health, as well as fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Implementation

We have targeted PE teaching, delivered by trained school staff, twice a week. In addition to this, we encourage children to engage in a range of new sports and activities from a wide network of local coaches. Our extensive range of extra curriculum sporting clubs and school sports teams offer children the opportunity to build upon their confidence, skill development and take part in competitive sport. In Upper Key Stage 2, all children learn to swim with specialist swimming instruction, on a weekly basis.

EYFS

Physical development is a core area of learning in the Early Years and the daily activities planned in Reception ensure that children are physically active each day, ensuring good health and well-being, developing gross motor skills and physical agility.

Key Stage 1

Key Stage 1 pupils are taught fundamental movement skills, to become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are taught to engage in competitive (both against self and against others) and co-operative physical activities in a range of increasingly challenging situations.

Key Stage 2

Key Stage 2 pupils are taught to use running, jumping, throwing and catching in isolation and in combination. They play competitive games, modified where appropriate (for example, basketball, cricket, football, tag rugby, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending. They develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics) and perform dances using a range of movement patterns. Pupils take part in outdoor and adventurous activity challenges



both individually and within a team and compare their performances with previous ones and demonstrate improvement to achieve their personal best.