



Backworth Park Primary School Intent and Implementation Statement

Personal, Social, Health, Economic & Relationships Education

Intent

At Backworth Park Primary School, we believe our PSHE and RSE teaching gives our children the life skills and understanding to become moral, hardworking, healthy, happy, confident, independent and responsible members of the community and wider society. We recognise that mental and physical health, as well as being able to develop and maintain healthy relationships (including at home and online) are the foundations for happy, safe and successful people, with values at the core of everything they do. In this way, we prioritise effective PSHE education and weekly lesson delivery.

Our aim is to promote the spiritual, moral, cultural, mental and physical development of pupils at our school as well as in their role within society. We prepare our pupils for the opportunities, responsibilities and experiences of later life.

PSHE should reflect and be reflected in the values and ethos of Backworth Park Primary School. The '3 R's' are embedded into our school ethos and stands for Respect, Resilience and Responsibility. All children are encouraged to learn, live and achieve to their greatest potential.

As part of our offer, we intend that our curriculum delivers Diversity Education. Our intent is that we are able to provide a learning environment that is safe, inclusive and equitable for as many identities as possible. It involves teaching pupils to accept, respect and learn from differences in others. Diversity Education also helps students to grow as individuals and as global citizens by exposing them to different worldviews and perspectives.

Implementation

PSHE is delivered wholly by class teachers and class teachers only. We feel that this is important due to the sensitive nature of many elements of the curriculum and requires delivery by members of staff, whom the children have a secure relationship with. The Pastoral Team, Multi-Agency Partners and the School Nurse support with health promotion across the school. In particular matters of health and wellbeing, school use Local Authority and ASK Psychology Service Educational Psychologists, The Language and Communication Team and the Student Support Team, who support with interventions and advise on the curriculum. Intervention programmes, which are delivered by staff and external agencies include Thrive, Lego Therapy, Control and Regulate

Relationships Education

It is a statutory requirement for schools in England to teach Relationships/ Relationships and Sex Education (RSE) and Health Education — abbreviated as 'RSE'. Through our Relationships Education, we aim to put in place the key building blocks of healthy, respectful relationships,



focusing on family and friendships, in all contexts, including online. This sits alongside the essential understanding of how to be healthy.

PSHE Education is the school curriculum subject through which the RSE content is delivered. Teaching RSE within this context is effective because of the overlap and connections between health, relationships, personal, social and economic wellbeing and the ability to thrive in life and work.