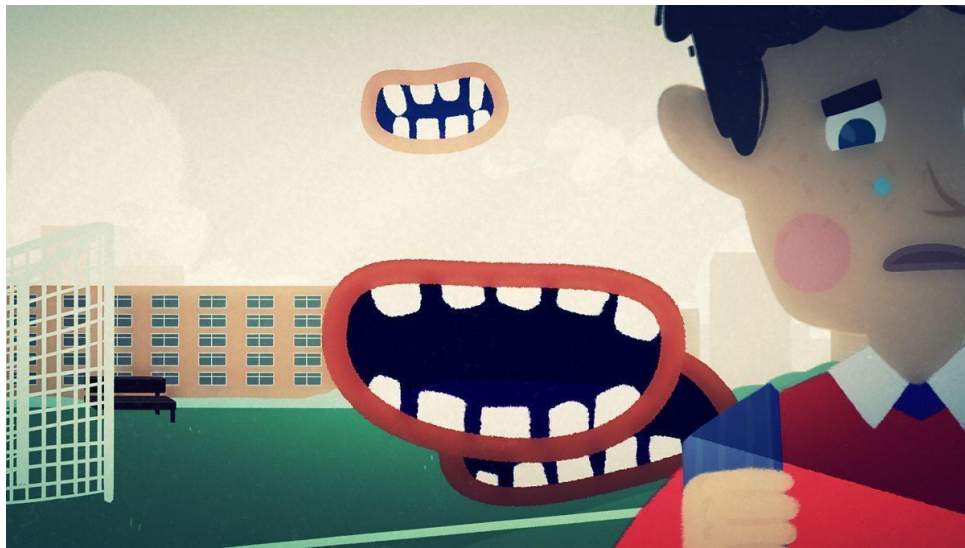




Our Anti-Bullying Policy

Child-friendly version



**STOP
BULLYING**

All children and young people have the right to feel safe.

When we feel safe we usually feel good about ourselves.

We can relax and enjoy life.

What is Bullying?

In our school, bullying is hurting someone more than once, on purpose, by using behaviour or words which are meant to frighten or hurt that person.

Bullying can be.....

Emotional: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting, hitting or pushing.

Verbal: Being teased, name calling.

Written: Letters, notes, graffiti.

Cyber: Saying unkind things by text, e-mail and on the internet.



<i>Bullying happens. . .</i>	<i>What to do. . .</i>
<i>Several</i>	<i>Start</i>
<i>Times</i>	<i>Telling</i>
<i>On</i>	<i>Other</i>
<i>Purpose</i>	<i>People</i>

If you are bullied:

DO:

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Talk to a peer mediator.
- Get help.
- TELL SOMEONE.

DON'T:

- Do what they say.
- Get angry or look upset.
- Hit them.
- Think it's your fault.
- Hide it.

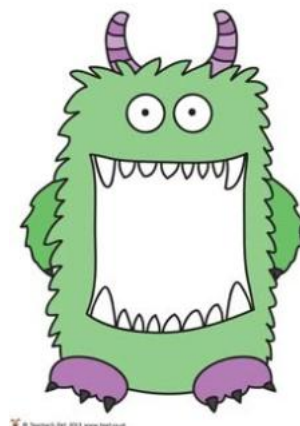


What should I do if I see someone else is being bullied?

- Don't walk away and ignore the bullying.
- Ask the person to stop if it is safe to do so.
- Don't stay silent or the bullying will keep happening.

Who can I tell?

- Any member of staff
- A Board of Backworth Representative
- A Kindness Ambassador
- A Friend
- A Sports Leader
- A Parent or Carer
- A Family Member



In school we also use other methods to speak to our teachers if we are not feeling ourselves.

In Reception, Yr 1 and Yr 2 we have our Worry Monsters. In Yrs 3, 4, 5 and 6 we have the 'Let's talk' boxes in the corridors.

Everyone at Backworth Park Primary School will work together to:

- Make our school a place where everyone can feel safe and happy.
- Help everyone to get along with each other because we believe that everyone has the right to be who they are.
- Always treat bullying seriously and report any matters to an adult.

If you don't feel you can speak to someone you can complete a form and place it in one of the 'Let's talk' boxes around school.

Name:

I would like to talk.....

about.....

.....

.....

.....

.....

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