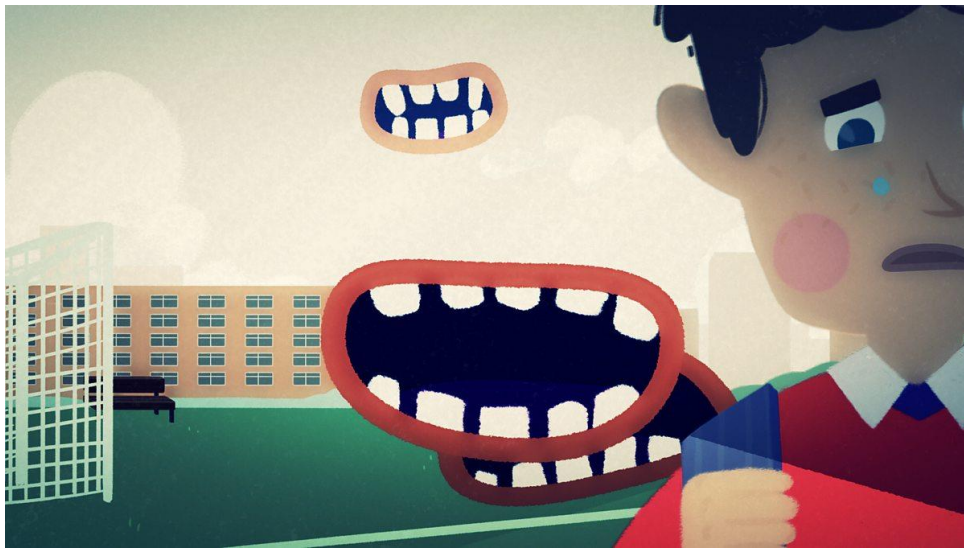




Our Anti-Bullying Policy

Child-friendly version



**STOP
BULLYING**

All children and young people have the right to feel safe.

When we feel safe we usually feel good about ourselves.

We can relax and enjoy life.

What is Bullying?

In our school, bullying is hurting someone more than once, on purpose, by using behaviour or words which are meant to frighten or hurt that person.

Bullying can be

Emotional: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting, hitting or pushing.

Verbal: Being teased, name calling.

Written: Letters, notes, graffiti.

Cyber: Saying unkind things by text, e-mail and on the internet.

Bullying happens . . .	What to do . . .
Several	Start
Times	Telling
On	Other
Purpose	People

If you are bullied:

DO:

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Talk to a peer mediator.
- Get help.
- TELL SOMEONE.

DON'T:

- Do what they say.
- Get angry or look upset.
- Hit them.
- Think it's your fault.
- Hide it.

What should I do if I see someone else is being bullied?

- Don't walk away and ignore the bullying.
- Ask the person to stop if it is safe to do so.
- Don't stay silent or the bullying will keep happening.

Who can I tell?

Any member of staff

A Board of Backworth Representative

A Friend

A Sports Leader

A Parent or Carer

A Family Member

Everyone at Backworth Park Primary School will work together to:

- Make our school a place where everyone can feel safe and happy..
- Help everyone to get along with each other because we believe that everyone has the right to be who they are.
- Always treat bullying seriously and report any matters to an adult.

If you don't feel you can speak to someone you can complete a form and place it in one of the 'Lets talk' boxes around school.

Name:.....

I would like to talk.....

about.....

.....

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